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# AliVe

## Age-inclusive Lifelong Learning: Micro-Credentials and Guidelines



# Zur Einstimmung

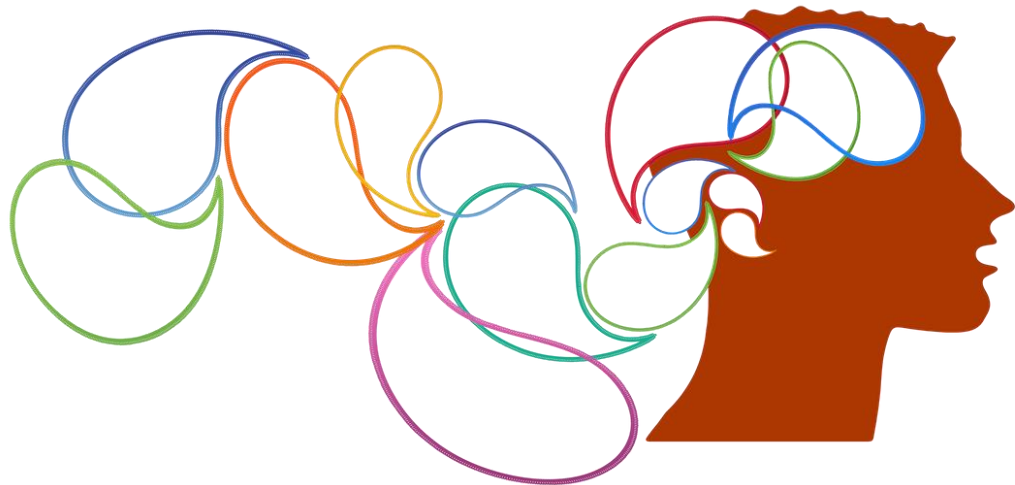
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- Mentimeter:

<https://www.menti.com/almajrjfncr9>



**Code: 8681 4327**

# Zur Einstimmung



Was bedeutet für mich LEBENSLANGES LERNEN ?  
38 responses



# Zur Einstimmung



Wie hoch ist das Durchschnittsalter der österreichischen Studierenden?



# Overview

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- The AliVe Project
- Interdisciplinary AliVe Consortium
- The AliVe Mission
- Objectives, Implementation and Results
- Work Packages and Timeline

# The ALiVe Project

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- **Co-funded by the European Union:** Erasmus+ Cooperation Partnerships
- **Duration:** 09/23 – 08/26 (36 months)
- **Budget:** € 400 000
- **Consortium:**
  - Carinthia University of Applied Sciences (CUAS), Austria
  - Karelia University of Applied Sciences (KareliaUAS), Finland
  - University College Cork (UCC), Ireland
  - Charles University, Czech Republic

# Interdisciplinary AliVe Consortium



- Centre for Adult Continuing Education
- School of Applied Social Studies
- School of Computer Science and Information Technology



- KAFS – Karelia Centre for Age-Friendly Society
- Bachelor’s degree programme in Applied Gerontology
- Master’s degree programme in Active Ageing

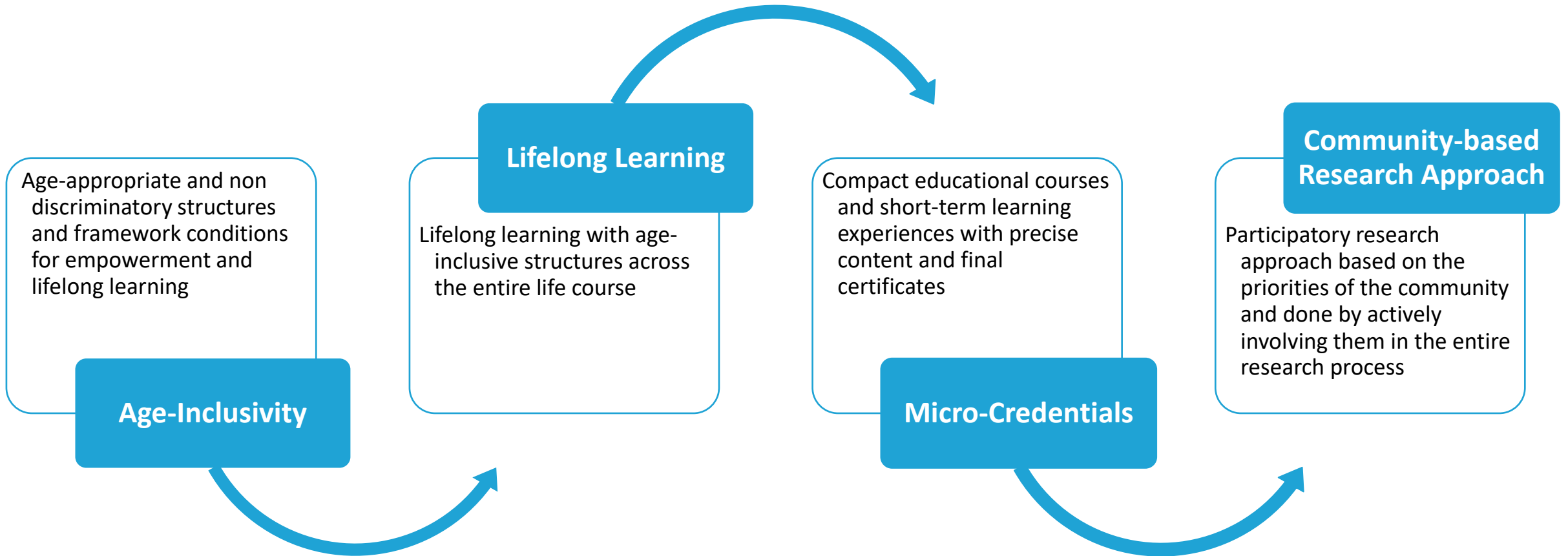


- IARA- Institute for Applied Research on Ageing
- Engineering & IT
- Health Sciences & Social Work
- School of Management



- CELLO – Centre of Expertise in Longevity and Long-term Care
- Longevity Studies PhD programme
- Member of the Global Alliance of International Longevity Centres (GA ILC)
- Collaboration with the Czech Alzheimer Society and Alzheimer Europe

# The Alive Mission





# Objectives, Implementation and Results

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- **OBJECTIVES:** The objective of the project is to address barriers to age-inclusive learning and to build sustainable enablers that will extend and enhance engagement of older adults 55+ in higher education. This will be achieved by a) developing a micro-credential that is transferrable across diverse settings and flexible to local needs and b) generating guidelines as a methodological roadmap for co-constructing micro-credentials in future educational initiatives.
- **IMPLEMENTATION:** The activities that will be implemented are based on the needs analysis in the field of lifelong learning and micro-credentials. Based on this, in the first step a micro-credential is co-designed with the target group and evaluated transnationally. The second step is the piloting (micro-credential pilot and feasibility), on the basis of which guidelines for age-inclusive micro-credentials are drawn up in the third step. Activities take place nationally, internationally and transnationally.
- **RESULTS:** The project will deliver a coherent micro-credential that can be implemented flexibly across diverse educational and demographic settings and in addition, will provide a methodological roadmap for age-inclusive co-design that will benefit other learning and teaching initiatives in the future. AliVe will co-construct a micro-credential together with older learners 55+ that clearly addresses the barriers to higher education experienced by the target group and builds sustainable enablers.

# Work Packages and Timeline



The objective of this work package is to design a micro-credential that supports the empowerment and inclusion of older adults (55+) in lifelong learning in higher education. In a co-creation process, older adults and researchers will create a micro-credential which is flexible and adaptive so that it can meet the diverse needs of its target group in various contexts across Europe. The work package aims to define diverse pathways to learning in higher education for older adults (55+).

## Co-Design Micro-Credential



The first objective in this phase of the project is to plan micro-credential pilots based on the results of the previous work package. After completing these pilots, two micro-credential workshops (1-2 days) will be conducted with older learners (55+) in rural and urban areas in each partner country. These workshops will be evaluated to finally formulate guidelines for the lifelong learning of older people.

## Micro-Credential Pilot and Feasibility



The final step of the AliVe project is to analyse, evaluate and interpret all collected data and knowledge. Clearly defined transfer processes between work packages as well as strategies from each work package lead guarantee that all collected data and knowledge are included in the work of the last year of the project. Another objective of this work package is the implementation of the web-based guideline concept as well as the field test and evaluation. These web-based guidelines contribute to the general objective of the AliVe project, which are co-produced and co-designed together with the target group and relevant stakeholders.

## Data Analysis and Product Development



09/23 – 07/24

07/24 – 12/25

07/25 – 08/26

# Diskussionsrunden mit Personen 55+

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- **Runde 1 (Offene Exploration)**

- 2. April 2024, 15:30-17:00 Uhr, FHK Campus Villach
- 3. April 2024, 13:30-15:00 Uhr, FHK Campus Klagenfurt/Primoschgasse

- **Runde 2 (Vertiefung)**

- 28. Mai 2024, 15:30-17:00 Uhr, FHK Campus Klagenfurt/Primoschgasse
- 29. Mai 2024, 13:30-15:00 Uhr, FHK Campus Villach

- Anmeldung geöffnet bis **24. März 2024**, mehr Informationen unter → [https://www.iara.ac.at/alive-diskussionsrunden\\_2024/](https://www.iara.ac.at/alive-diskussionsrunden_2024/)

# Diskussion

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- Mentimeter:

<https://www.menti.com/alociufaxraa>



**Code: 7799 0783**

## Was braucht es aus meiner Sicht für altersinklusive Bildung?

18 responses

Steigerung der digitalen  
Fähigkeitsprofile

Angebote über Arbeitsstelle

flexibilität, treffsicheres angebot

Örtlich leichter Zugang/gute  
Erreichbarkeit

Niederschwelligen Zugang

Flexibilität - örtlich und zeitlich

Stipendien für alle Altersgruppen

Ablegen von alten  
Glaubenssätzen

Offenheit für neue Lehrkonzepte

Altersinklusive Aufbereitung der  
Inhalte

Irgendwie allgemein das Stigma  
von Alter und Bildung etwas  
auflösen

Kontakte und Infomaterial

## Was braucht es aus meiner Sicht für altersinklusive Bildung?

18 responses



Örtlich leichter Zugang/gute Erreichbarkeit

Zugänglichkeit unabhängig der Vorbildung

Deutliche Information, flexible Gestaltungsmöglichkeiten

Ablegen von alten Glaubenssätzen

Interesse an neuen Themen

Zugang zur Information über Bildungsangebot direkt in den Lebenswelten

auflösen

Kontakte und Infomaterial

Freude, Interesse, Offenheit

Abbau von Vorurteilen, dass Bildung sich ab einem bestimmten Alter nicht mehr lohnt

# Thank you!



## Contact:

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